

# Torpedo Gold Cap – Advanced Omega 3 Fish Oil Softgel Capsule

## Green Cross Remedies

Website: [greencrossindia.com](http://greencrossindia.com)

Email: [greencrossremedies\\_2003@yahoo.co.in](mailto:greencrossremedies_2003@yahoo.co.in)

Torpedo Gold Cap is a premium omega 3 fish oil softgel capsule enriched with flaxseed oil, Vitamin D3, and Vitamin K2. It supports heart, brain, bone, and joint health while improving calcium absorption and overall wellness.

## Composition

- 1 Omega Fish Oil – 300 mg
- 2 Flaxseed Oil – 300 mg
- 3 Vitamin K2-7 – 55 mcg
- 4 Vitamin D3 – 600 IU

## Key Benefits

- 1 Supports heart health and cholesterol balance
- 2 Enhances brain function and memory
- 3 Strengthens bones and improves calcium absorption
- 4 Reduces joint pain and inflammation
- 5 Promotes skin, hair, and immunity

## Indications

- 1 Cardiovascular health support
- 2 High triglycerides
- 3 Bone density concerns
- 4 Joint inflammation
- 5 Omega-3 deficiency

## Dosage

1 softgel daily after meals or as directed by a healthcare professional.

## Side Effects

Mild gastric discomfort, fishy aftertaste, or nausea (rare).

## Precautions

Avoid in fish allergy. Use cautiously with blood thinners. Consult doctor during pregnancy.

## **Storage**

Store in a cool, dry place away from sunlight.

**Price:** Rs.115.41 for 10 Softgel

## **Expert Advice**

Take regularly after meals for best results. Do not exceed dosage. Consult a doctor if on medication. Maintain a healthy lifestyle for maximum benefit.

**Disclaimer:** This information is intended for healthcare professionals only. GREEN CROSS  
REMEDIES