

ACCUVAS SOFTSULE

Garlic Oil Capsule - Garlic Pearls

The **Garlic Oil Capsule- Garlic Pearls** format is designed for convenient supplementation without the need to consume raw garlic. **ACCUVAS Softsule** may be considered as part of a balanced lifestyle and nutritional routine, according to the advice of a healthcare professional.

Garlic oil soft gelatin capsule formulated with Garlic Oil A.B. 0.25% w/w. Commonly described as Garlic Pearls, this convenient softgel format provides garlic oil in an easy-to-consume capsule. Garlic has a long history of dietary and traditional use, and modern research has examined its potential role in supporting cardiovascular risk factors such as cholesterol and blood pressure.

■ COMPOSITION OF ACCUVAS SOFTSULE

Each soft gelatin capsule contains:

- **Garlic Oil A.B.** – 0.25% w/w

The product is presented as a Garlic Oil Softgel Capsule, providing garlic oil in a soft gelatin dosage form. The exact dosage and frequency should be followed according to the product label or healthcare professional's recommendation.

■ USES OF ACCUVAS SOFTSULE (GARLIC OIL CAPSULE)

Cardioprotective: Protects heart health by reducing the risk of cardiovascular diseases and preventing blood clots.

Fungal Infection Remedy: Exhibits excellent anti fungal activity against species like Candida.

Skin Healing: Anti-inflammatory and antibacterial properties aid in healing wounds and skin conditions.

Immunity Booster: Enhances immune response and reduces inflammation, promoting wellness.

Neuroprotection: Prevents neurodegenerative diseases and supports brain health.

■ GARLIC OIL CAPSULES USES

Garlic has been studied for several health-related applications. Evidence suggests that garlic supplements may produce a small reduction in total cholesterol and LDL cholesterol in some people with elevated cholesterol.

Research also suggests that garlic preparations may have a modest blood-pressure-lowering effect in people with hypertension. Therefore, uses may include nutritional and cardiovascular-health support. They should not be considered a substitute for prescribed medicines.

Hair Growth Inducer: Stimulates hair growth by improving scalp circulation and providing essential nutrients.

Toothache Relief: Heals mouth sores and alleviates toothaches due to its antimicrobial properties.

Gut Health: Helps eliminate gut pathogens and supports gastrointestinal health.

Antiviral Properties: Protects against various viruses, boosting the immune system.

Insecticidal Properties: Acts as a natural repellent against pests.

■ GARLIC OIL CAPSULE BENEFITS

The potential Garlic Oil Capsule Benefits are associated with naturally occurring compounds found in garlic. Current research has investigated garlic supplementation in relation to lipid levels, blood pressure and other cardiovascular risk markers. A 2026 systematic review and meta-analysis of 108 randomized trials reported statistically significant improvements in several cardiovascular risk markers, including total cholesterol, LDL cholesterol and blood pressure, although effects vary. For this reason, benefits are best understood as potential supportive benefits rather than treatment claims.

- Cardiovascular wellness & normal circulation
- Healthy cholesterol management
- Healthy blood-pressure support
- Antioxidant and nutritional support
- Reduces the risk of heart attack

- Antifungal and antibacterial properties
- Lowers blood pressure and cholesterol
- Enhances circulation
- Potential positive effects on impotence

■ GARLIC FOR CHOLESTEROL AND HEART HEALTH

Interest comes from research investigating garlic's effects on blood lipids. NCCIH notes that garlic supplements may lower total and LDL cholesterol to a small extent, but the effect is modest compared with established medicines. ACCUVAS Garlic Oil may be used as a Garlic Heart Supplement alongside a healthy diet, physical activity, and appropriate medical care.

■ MECHANISM OF ACTION

Garlic contains biologically active sulfur-containing compounds investigated for their effects on lipid metabolism, vascular function, and oxidative processes. The Garlic Oil Capsule- Garlic Pearls formulation should be regarded as a nutritional supplement rather than a replacement for clinically indicated cardiovascular medicines.

DOSAGE AND HOW TO TAKE

The appropriate dosage depends on formulation and individual requirements. Take ACCUVAS Softsule according to the directions printed on the pack or as recommended by a healthcare professional. Swallow the soft gelatin capsule with water. Do not exceed the recommended intake unless specifically advised.

SIDE EFFECTS

Garlic is generally well tolerated, but some may experience:

- Garlic breath or body odour
- Abdominal discomfort, Gas or flatulence
- Nausea or heartburn
- Allergic reactions in susceptible individuals

Garlic supplements may also increase bleeding risk, particularly for people taking anticoagulants or antiplatelet medicines.

CONTRAINDICATIONS AND PRECAUTIONS

Avoid ACCUVAS Softsule if you have a known allergy to garlic. Speak with your doctor before using if you:

- Take blood-thinning medicines or aspirin
- Have a bleeding disorder or are scheduled for surgery
- Are pregnant or breastfeeding
- Take medicines regularly for chronic conditions

DRUG INTERACTIONS & STORAGE

Particular caution is advised with anticoagulants and antiplatelet medicines because garlic may increase bleeding risk. Also interacts with saquinavir. Always tell your doctor about supplements.

Storage: Store in a cool, dry place away from direct sunlight and excessive heat. Keep tightly closed out of reach of children.

ACCUVAS Softsule (Garlic Pearls) Price - MRP: ₹ 55.97 PER 10 Capsule

EXPERT ADVICE

- Use as supportive nutritional products, not as substitutes for prescribed treatment.
- If using medicines for high blood pressure, cholesterol, diabetes or cardiovascular conditions, continue them exactly as prescribed unless advised otherwise.
- Particular care is required with anticoagulants/antiplatelets due to increased bleeding risk. Inform your doctor before surgery.
- Maintain a balanced diet, regular physical activity and heart-healthy habits alongside supplementation.
- Stop use and seek medical advice if you develop an allergic reaction or significant gastrointestinal symptoms.

FREQUENTLY ASKED QUESTIONS

What is Garlic Oil Softgel Capsule used for?

Used as a garlic-based nutritional supplement. Studied for potential support of cholesterol levels and blood pressure, though effects are generally modest.

What are the benefits & uses?

Uses include nutritional supplementation and potential support for cardiovascular wellness (healthy cholesterol and blood pressure). They should not replace prescribed medicines.

How should they be taken?

Take according to directions on the label or as recommended by a professional. Swallow with water; do not exceed recommended intake.

What are the side effects?

Possible effects include garlic breath, body odour, abdominal discomfort, flatulence, nausea, heartburn, and increased bleeding risk.

Who should avoid Garlic Oil supplements?

People with garlic allergy. Those on anticoagulants, preparing for surgery, or managing chronic conditions should consult a doctor.

What is ACCUVAS Softsule?

It is a Garlic Oil Capsule- Garlic Pearls product containing Garlic Oil A.B. 0.25% w/w in a soft gelatin capsule formulation.

What is Garlic Oil A.B. 0.25% w/w?

It is the stated active ingredient and strength of the formulation in each soft gelatin capsule.

Can they be taken daily?

Daily use should follow label recommendations. People taking medicines, particularly those affecting bleeding, should seek professional advice.

Can it be taken with other medicines?

Particular attention is required with anticoagulants and antiplatelet medicines because of possible increased bleeding risk.

Difference between Garlic Oil and Extract?

They are different preparations and may contain different active compounds. Evidence from one type cannot automatically apply to another.

ACCUVAS Softsule by GREEN CROSS REMEDIES is a Garlic Oil A.B. 0.25% w/w soft gelatin capsule formulation developed for convenient garlic supplementation. Intended for nutritional and cardiovascular wellness support as part of a healthy lifestyle and appropriate professional guidance.

DISCLAIMER

THIS INFORMATION IS INTENDED FOR THE USE OF REGISTERED MEDICAL PRACTITIONERS, HOSPITALS, MEDICAL STORES, PHARMA AGENCIES, HEALTHCARE PROFESSIONALS, PHARMACEUTICAL COMPANY FIELD STAFF, AND PHARMACIES ONLY.

GREEN CROSS REMEDIES

