

# GREEN CROSS REMEDIES

Trusted Healthcare · Innovation · Quality · Since 2003

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## P PROLAC Z Tablet

Complete Gut Health & Diarrhea Care

### 📦 Lactic Acid Bacillus Tablets – Probiotic Power

**P PROLAC Z Tablet** is a premium probiotic formulation combining **Lactic Acid Bacillus (120 Million CFU)** and **Zinc Sulphate (10 mg)**. Designed to restore healthy intestinal flora, improve digestion, and effectively manage diarrhea. As one of the most trusted probiotic tablets in India, it supports faster recovery from digestive disturbances and strengthens immunity.

- 📦 **COMPOSITION:** Lactic Acid Bacillus – 120 Million CFU & Zinc Sulphate – 10 mg
- 📦 Advanced Probiotic with Zinc for gut & immune synergy.

### 📦 Indications & Key Benefits

- ✓ **Gut Health Support** – Promotes healthy gut microbiome & restores intestinal flora balance.
- ✓ **Enhances Immune Function** – Zinc boosts immunity, lactic acid bacillus inhibits pathogens.
- ✓ **Aid in Digestion & Nutrient Absorption** – Supports breakdown of food & reduces indigestion.
- ✓ **Management of GI Disturbances** – Effective for diarrhea, bloating, antibiotic-associated diarrhea.
- ✓ **Support During Stress/Illness** – Ideal during recovery or periods of low immunity.
- ✓ **Nutritional Supplementation** – Fills probiotic & zinc gaps for overall well-being.

### ⚙️ Mechanism of Action

**Lactic Acid Bacillus** replenishes beneficial gut bacteria, inhibits harmful microbes, maintains gut pH balance. **Zinc Sulphate** reduces diarrhea duration, strengthens mucosal barrier, and enhances immune cell activity. Together, they act synergistically as one of the best probiotic + zinc tablets for diarrhea and complete digestive recovery.

### 📦 Dosage & Administration

**Typical Dosage:** 1–2 tablets per day or as directed by the physician.  
**Best Practice:** Take after meals to enhance bacterial survival. Do not exceed recommended dose.  
Duration depends on severity; always follow medical advice for zinc sulphate 10 mg probiotic regimen.

### 📦 Why P PROLAC Z?

- ✓ Lactic Acid Bacillus 120M CFU + Zinc 10mg
- ✓ Best probiotic tablets for diarrhea & gut health
- ✓ Restores intestinal flora after antibiotics
- ✓ Improves digestion & nutrient absorption
- ✓ Trusted by healthcare professionals

📦 **MRP:** ₹44.22 per 10 Tablets

📦 **Manufacturer:** Green Cross Remedies

📦 WHO-GMP Certified Facility

📦 [Visit Website](#)

### ⚠️ Side Effects & Precautions

- Mild bloating, gas (rare)
- Hypersensitivity: avoid if allergic
- Caution in immunocompromised
- Consult doctor during pregnancy/children
- Antibiotics: maintain 2-hour gap
- Discontinue if rash, itching, swelling occur

### 📦 Expert Advice

Take after food for best probiotic survival. Stay hydrated, especially during loose motions. Avoid self-medication. If symptoms persist, consult your doctor immediately. Maintain a fiber-rich diet to boost gut recovery.

**DISCLAIMER:** This information is intended for the use of Registered Medical Practitioners, Hospitals, Medical Stores, Pharma Agencies, Healthcare Professionals, Pharmaceutical Company Field Staff, and Pharmacies Only. GREEN CROSS REMEDIES.

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## P PROLAC Z Tablet

Lactic Acid Bacillus + Zinc

### ❑ Frequently Asked Questions (FAQs)

#### Q1. What is Lactic Acid Bacillus with Zinc Tablet used for?

It is used for treating diarrhea, restoring gut flora, improving digestion & boosting immunity.

#### Q2. How to take Lactic Acid Bacillus Zinc Tablet?

Take after meals with water, as prescribed by your doctor.

#### Q3. Is Lactic Acid Bacillus good for diarrhea?

Yes, it is one of the most effective anti-diarrhea tablets.

#### Q4. What are the benefits of zinc sulphate 10 mg tablet?

Zinc helps reduce diarrhea duration, supports immunity & mucosal healing.

#### Q5. When should I take probiotic tablets?

Preferably after meals or as directed by a healthcare provider.

#### Q6. Can I take with antibiotics?

Yes, maintain a 2-hour gap for better effectiveness.

#### Q7. What is CFU?

CFU means Colony-Forming Units – 120 Million CFU ensures potency.

#### Q8. Is this tablet safe for children?

Yes, under medical supervision.

#### Q9. Does it cause constipation?

No, it improves digestion and promotes regular bowel movements.

#### Q10. Who is the manufacturer?

Green Cross Remedies in WHO-GMP certified facility.

### ❑ Product Description & Trust Assurance

P PROLAC Z Tablet is manufactured by **Green Cross Remedies**, containing Lactic Acid Bacillus 120 Million CFU and Zinc Sulphate 10 mg. This advanced probiotic with zinc tablet is designed for effective diarrhea management, gut health restoration, and immune support. Manufactured in a WHO-GMP certified facility, it guarantees safety, efficacy, and consistent therapeutic outcomes.

❑ **Why Green Cross Remedies?** Decades of trust, advanced manufacturing & superior probiotic solutions.

❑ **Visit our website: [greencrossindia.com](http://greencrossindia.com)**

### ❑ Storage & Handling

Store in a cool, dry place below 25°C. Protect from moisture and direct sunlight. Keep out of reach of children.

### ❑ Drug Interactions

- Antibiotics: take with 2-hour gap.
- Avoid combining with strong immunosuppressants.
- Always inform your doctor about all medications.

### ❑ Key Takeaway

P PROLAC Z is among the **best probiotic tablets in India** for gut health & diarrhea care.

- ❑ Backed by Science | ❑ Quality Assured | ❑ Doctor Recommended
- ❑ For more info, visit [greencrossindia.com](http://greencrossindia.com)