

## Lycopene Syrup for Complete Health & Immunity - Lycross Syrup

**Lycopene syrup** is a powerful nutritional supplement designed to support overall health, boost immunity, and combat oxidative stress. **Lycross Syrup** combines lycopene with multivitamin and multimineral syrup benefits, making it an ideal daily health tonic for adults experiencing weakness, fatigue, or nutritional deficiencies.

This multivitamin multimineral and antioxidant syrup helps improve energy levels, supports hemoglobin formation, and promotes skin health. It is widely used as an immunity booster syrup, energy booster syrup, and blood booster syrup.

Lycross Syrup is a premium lycopene syrup enriched with multivitamins, multiminerals, iron, and zinc for immunity, energy, and overall wellness. Manufactured by **Green Cross Remedies**.

### Composition

Each 5 ml contains:

- **Lycopene** – 5000 mcg
- **Vitamin A** – 1250 IU
- **Vitamin E** – 10 IU
- **Vitamin B1** – 1.5 mg
- **Vitamin B2** – 0.5 mg
- **Vitamin B6** – 1.5 mg
- **Vitamin B12** – 1 mcg
- **Vitamin D3** – 50 IU
- **Zinc** – 3 mg
- **Iron** – 9 mg
- **Niacinamide** – 18 mg
- **D-Panthenol** – 5 mg
- **Chromium** – 25 mcg
- **Molybdenum** – 25 mcg

*This lycopene multivitamin & multimineral syrup provides a balanced combination of essential nutrients.*

### Uses of Lycopene Syrup

The lycopene syrup is recommended for:

- Nutritional deficiencies
- General weakness and fatigue
- Low immunity and frequent infections
- Skin health and antioxidant protection

- Hemoglobin improvement with iron and zinc
- Daily supplementation for adults

*It is commonly used as a multivitamin syrup for fatigue and energy and lycopene syrup for immunity booster.*

## Indications of Lycross Syrup

This lycopene multivitamin multimineral syrup is indicated in:

- **Nutritional Support:** Provides essential nutrients to individuals with dietary deficiencies or increased nutritional needs due to lifestyle, growth, or recovery from illness.
- **Immune Support:** Contains antioxidants and vitamins that help strengthen the immune system and enhance the body's ability to fight infections.
- **Skin Health:** The presence of vitamins A, E, and niacinamide supports healthy skin, promoting hydration and repair, and may help in managing skin conditions.
- **Energy Production:** B vitamins (B1, B2, B6, B12, and niacinamide) are crucial for energy metabolism, helping convert food into energy and supporting overall vitality.
- **Antioxidant Protection:** Lycopene and other vitamins provide antioxidant protection, helping to reduce oxidative stress and the risk of chronic diseases.
- **Bone Health:** Vitamin D3 plays a vital role in calcium absorption, supporting bone health and strength.
- **Blood Health:** Iron and B12 contribute to the formation of red blood cells, aiding in the prevention of anemia and supporting overall blood health.
- **Metabolic Support:** Chromium helps in maintaining normal blood sugar levels and supports metabolic functions.
- **For Individuals with Nutritional Deficiencies:** Recommended for those who may lack essential nutrients in their diet.
- **During Recovery:** Useful for patients recovering from surgery, illness, or those experiencing fatigue.
- **For Skin Concerns:** Aids in promoting healthy skin and managing skin-related issues.
- **For Immune Compromise:** Beneficial for individuals with weakened immune systems.
- **For Overall Wellness:** Supports general health maintenance and well-being in adults and children.
- **Additional indications:** Vitamin and mineral deficiencies, anemia and low hemoglobin levels, weakness and tiredness, poor dietary intake, and recovery from illness.

*It is often preferred as a best multivitamin syrup for adults in India.*

## Dosage & Administration

- **Adults:** 5-10 ml once or twice daily or as directed by a physician.
- Can be taken after meals.

- Shake well before use.

*The lycopene with multivitamin syrup dosage depends on age and medical condition.*

## **Mechanism of Action**

- **Lycopene** acts as a powerful antioxidant protecting cells from damage.
- **Vitamins** support metabolic functions and immunity.
- **Iron and zinc** help in hemoglobin formation and immune strength.

*This multivitamin multimineral antioxidant syrup provides comprehensive health support.*

## **Side Effects**

The lycopene syrup side effects are generally mild and may include:

- Nausea
- Mild stomach upset
- Allergic reactions (rare)

*Most effects are temporary and well tolerated.*

## **Contraindications and Precautions**

- Hypersensitivity to any ingredient.
- Patients with iron overload disorders.
- Use cautiously in chronic illness.

*Always evaluate lycopene multivitamin syrup benefits and precautions before use.*

## **Drug Interactions**

- May interact with other vitamin supplements.
- Inform doctor about ongoing medications.
- Avoid excessive supplementation.

## **Storage Instructions**

- Store below 25°C.
- Keep in a dry place.
- Protect from sunlight.
- Keep out of reach of children.

## Pricing

- **Lycross Syrup (MRP):** Rs. 160 for 200 ml Bottle

## Expert Advice for Lycross Syrup

1. Lycopene syrup should always be taken exactly as prescribed by a healthcare professional.
2. Do not exceed the recommended dosage, as excessive intake of vitamins and minerals may lead to unwanted effects.
3. To achieve optimal therapeutic outcomes with lycopene multivitamin syrup, patients should follow a consistent daily schedule.
4. Avoid self-medication or combining with other supplements without medical advice.
5. It is best taken after meals to improve absorption and reduce gastric discomfort.
6. Maintain a balanced diet and adequate hydration for better results.
7. If you experience any allergic reaction such as rash, itching, or swelling, discontinue use and consult your doctor immediately.
8. Patients with chronic conditions like diabetes or anemia should use this supplement under medical supervision.
9. Regular monitoring helps ensure safe and effective use.

## Frequently Asked Questions (FAQs)

### **Q: What is Lycross syrup used for?**

A: It is used for immunity boosting, energy improvement, and treating vitamin deficiencies.

### **Q: Can we take lycopene syrup daily?**

A: Yes, it can be taken daily as per doctor's advice for nutritional support.

### **Q: Lycopene syrup for which deficiency?**

A: It helps in vitamin, mineral, and antioxidant deficiencies.

### **Q: Does lycopene syrup increase hemoglobin?**

A: Yes, due to iron and zinc content, it supports hemoglobin formation.

### **Q: Is lycopene syrup good for skin?**

A: Yes, lycopene provides antioxidant benefits that improve skin health and glow.

### **Q: Best time to take multivitamin syrup?**

A: It is best taken after meals for better absorption.

### **Q: Lycopene syrup uses in Hindi?**

A: यह सिरप कमजोरी, खून की कमी, और इम्युनिटी बढ़ाने के लिए उपयोग किया जाता है।

## Unique Product Description & Why Choose Lycross?

The lycopene syrup **Lycross Syrup** is a scientifically formulated nutritional supplement manufactured by **Green Cross Remedies**, containing Lycopene 5000 mcg along with essential vitamins, minerals, iron, and zinc.

It is designed to support immunity, improve energy levels, and correct nutritional deficiencies. This formulation works through antioxidant protection, enhanced metabolic activity, and improved hemoglobin synthesis. It is widely used for weakness, fatigue, and general health maintenance.

The syrup is generally well-tolerated with minimal side effects, though it should be used cautiously in patients with specific medical conditions. Proper dosage and storage below 25°C ensure maximum efficacy. With a balanced composition and proven benefits, Lycross Syrup serves as a reliable daily health supplement in India.

**Lycross Syrup by GREEN CROSS REMEDIES** is a reliable lycopene multivitamin formulation from a trusted leading lycopene syrup manufacturer in India. Manufactured in a WHO-GMP certified facility, it ensures consistent quality, proven efficacy, and dependable therapeutic outcomes, making it a preferred choice for healthcare professionals in managing nutritional deficiencies and overall health.

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