

Green Cross Remedies

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Montelukast Sodium and Fexofenadine Hydrochloride Tablets **POLERGY FM Tablet**

Montelukast sodium and fexofenadine hydrochloride tablets are widely prescribed for managing allergic conditions and respiratory disorders. This dual-action therapy combines an antihistamine with a leukotriene receptor antagonist to provide comprehensive allergy relief.

As an effective anti-allergic tablet for sneezing and runny nose (montelukast fexofenadine), it helps control symptoms like nasal congestion, watery eyes, and throat irritation. It is commonly recommended as an allergic rhinitis medicine and asthma allergy tablet.

Learn more about fexofenadine hydrochloride and montelukast tablet uses, dose, side effects, and price.

Composition & Price

Each tablet contains:

Montelukast Sodium IP eq. to Montelukast **10 mg**
Fexofenadine Hydrochloride IP **120 mg**

Price (MRP): Rs. 112.22 for 10 Tablets

This montelukast 10 mg + fexofenadine 120 mg tablet provides a balanced and clinically effective combination.

Uses for Allergy Relief

- Relief from allergic rhinitis (seasonal & chronic)
- Treatment of sneezing, runny nose, and nasal blockage
- Support in asthma and allergy conditions
- Management of sinus allergy medicine requirements
- Treatment of chronic urticaria (skin allergy)
- Allergic rhinitis (hay fever)
- Itchy and watery eyes

Medical Indications

- Allergic rhinitis
- Asthma with allergic components
- Cold and cough caused by allergies
- Dust and pollen allergies
- Sinus-related allergic symptoms

Often considered among the best tablets for allergic rhinitis.

Dosage

- Usually one tablet daily or as directed by a physician.
- Can be taken with or without food.
- Follow complete prescribed course.

Dosage for adults depends on severity and medical condition.

Mechanism of Action

- **Montelukast** blocks leukotrienes, reducing airway inflammation.
- **Fexofenadine** blocks histamine receptors, preventing allergic reactions.

Together, they provide effective and long-lasting relief.

Side Effects & Interactions

Common Side Effects: Headache, Dizziness, Nausea, Dry mouth, Mild drowsiness (usually mild and temporary).

Drug Interactions: Avoid combining with other antihistamines. Alcohol may increase side effects. Inform doctor about ongoing medications.

Contraindications & Storage

Precautions: Hypersensitivity to ingredients. Patients with severe kidney or liver disease should consult a doctor. Avoid self-medication.

Storage: Store below 25°C. Keep in a dry place. Protect from sunlight. Keep out of reach of children.

Product Description & Expert Advice

Product Description:

Montelukast sodium and fexofenadine hydrochloride tablets are effectively formulated in **Polergy FM Tablet**, manufactured by **Green Cross Remedies**. Each tablet contains Montelukast Sodium IP equivalent to 10 mg and Fexofenadine Hydrochloride IP 120 mg, making it a powerful combination for treating allergic rhinitis, asthma, and respiratory allergies.

This advanced formulation works by blocking both leukotrienes and histamine, ensuring fast and sustained relief from sneezing, nasal congestion, and allergic symptoms. It is suitable for treating sinus allergies, cough due to allergies, and chronic respiratory conditions.

POLERGY FM Tablet is a reliable anti-allergy formulation from a trusted leading manufacturer in India. Manufactured in a WHO-GMP certified facility, it ensures consistent quality, proven efficacy, and dependable therapeutic outcomes, making it a preferred choice for healthcare professionals.

Expert Advice for Polergy FM Tablet:

- Always take exactly as prescribed by a healthcare professional. Avoid skipping doses and do not discontinue therapy prematurely, even if symptoms improve.
- Take the medicine at the same time each day for better results.
- Avoid alcohol consumption as it may increase the risk of side effects such as dizziness or drowsiness.
- Maintain proper hydration and consult your doctor if any unusual symptoms occur.
- Patients suffering from chronic allergies should avoid exposure to allergens such as dust, pollen, and smoke.
- Inform your doctor immediately if you experience rash, swelling, breathing difficulty, or severe discomfort.

Frequently Asked Questions (FAQs)

Q: What is montelukast and fexofenadine tablet used for?

It is used for allergic rhinitis, asthma-related allergies, and relief from sneezing and runny nose.

Q: Can montelukast and fexofenadine be taken together?

Yes, this combination is commonly prescribed and considered safe when used as directed.

Q: How long does montelukast and fexofenadine take to work?

It usually starts working within a few hours, with noticeable improvement in 1-2 days.

Q: Montelukast and fexofenadine tablet uses in Hindi?

यह दवा एलर्जी, छींक, नाक बहना और अस्थमा के इलाज में उपयोग होती है।

Q: Is montelukast and fexofenadine safe for daily use?

Yes, it is safe when taken as per doctor's prescription for chronic allergy control.

Q: Montelukast fexofenadine tablet for cough and cold allergy?

Yes, it helps relieve cough and cold symptoms caused by allergic reactions.

Q: What is the difference between montelukast and fexofenadine?

Montelukast reduces inflammation, while fexofenadine blocks histamine. Together, they provide better allergy relief.

Q: Why choose Polergy FM Tablet by Green Cross Remedies?

Polergy FM Tablet is manufactured by Green Cross Remedies with strict quality standards, ensuring reliable and effective allergy treatment.

DISCLAIMER: This information is intended for the use of Registered Medical Practitioners, Hospitals, Medical Stores, Pharma Agencies, Healthcare Professionals, Pharmaceutical Company Field Staff, and Pharmacies Only.

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