

Green Cross Remedies

Zarbera N Tablet

Norethisterone Tablet Uses – Zarbera N Tablet

Norethisterone tablet uses, healthcare professionals commonly prescribe it for several menstrual and hormonal conditions in women. The medicine works as a synthetic progesterone hormone that stabilizes the uterine lining and helps control menstrual bleeding patterns.

Zarbera N Tablet contains Norethisterone 5 mg, a progesterone hormone medicine widely used for menstrual disorders in women. It is commonly prescribed as a period delay tablet, for irregular periods, abnormal uterine bleeding, and hormonal imbalance management. Manufactured by Green Cross Remedies, this gynecology hormone medicine helps regulate the menstrual cycle and provides reliable hormonal support for women's reproductive health.

Composition

Each tablet contains:

Norethisterone IP 5 mg

Norethisterone is a progesterone hormone tablet widely used in gynecology to regulate the menstrual cycle and treat hormonal imbalance in women.

Norethisterone Tablet Uses

- Period delay tablets for temporary postponement of menstruation
- Treatment of irregular periods medicine conditions
- Management of abnormal uterine bleeding
- Relief from heavy menstrual bleeding
- Support for delayed period due to hormonal imbalance
- Therapy for endometriosis symptoms
- Use as menstrual cycle regulation tablet
- Hormonal therapy for women experiencing menstrual disturbances

Key Medical Indications

- Norethisterone tablet for period delay
- Treatment of menstrual disorder medicine conditions
- Control of abnormal uterine bleeding
- Progesterone tablet for heavy menstrual bleeding
- Hormone tablet for irregular periods
- Support therapy for endometriosis treatment
- Hormonal imbalance medicine for women

Mechanism of Action

Norethisterone is a synthetic progesterone hormone that mimics the action of natural progesterone in women. It stabilizes the endometrial lining, prevents premature shedding of the uterine lining, regulates hormonal changes in the menstrual cycle, and helps control excessive menstrual bleeding.

Dosage and Administration

- For period delay: Usually started 3 days before the expected menstrual cycle
- For irregular periods: Taken during specific days of the menstrual cycle
- For abnormal uterine bleeding: Dosage may vary based on severity

Common Side Effects

- Nausea
- Headache
- Breast tenderness
- Mood changes
- Bloating
- Mild weight changes

Storage Instructions

- Store below 25°C in a cool and dry place
- Protect from moisture and direct sunlight
- Keep out of reach of children
- Do not use after the expiry date

Zarbera N Tablet (MRP): Rs. 56.50 per 10 Tablets

GREEN CROSS REMEDIES

Website: www.greencrossindia.com

Email: greencrossremedies_2003@yahoo.co.in

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