

# Green Cross Remedies

Website: [www.greencrossindia.com](http://www greencrossindia com)

Email: [greencrossremedies\\_2003@yahoo.co.in](mailto:greencrossremedies_2003@yahoo.co.in)

---

## Omega 3 Fatty Acid Capsules – Torpido Gold Capsule

Omega 3 fatty acid capsules support cardiovascular wellness, bone density, and metabolic balance. Torpido Gold is formulated with Omega Fish Oil 300 mg, Flaxseed Oil 300 mg, Vitamin D3 600 IU, and Vitamin K2-7 55 mcg to provide synergistic heart and bone health support.

### Composition

- Omega Fish Oil – 300 mg
- Flaxseed Oil – 300 mg
- Vitamin K2-7 – 55 mcg
- Vitamin D3 – 600 I.U

### Omega 3 Benefits

- Supports healthy cholesterol levels
- Promotes coronary artery health
- Reduces inflammation
- Enhances immunity
- Supports bone strength and calcium metabolism

### Mechanism of Action

Omega 3 (EPA & DHA) reduces triglycerides and supports vascular integrity. Flaxseed oil provides plant-based omega 3 support. Vitamin D3 improves calcium absorption, while Vitamin K2-7 ensures proper calcium distribution and supports arterial flexibility.

## Indications

- Cardiovascular wellness
- Cholesterol support
- Arterial stiffness management
- Bone density support
- Immunity enhancement

## Dosage & Administration

One softgel capsule daily with meals or as directed by a healthcare professional.

## Possible Side Effects

Mild gastric discomfort, fishy aftertaste, nausea (rare), loose stools in high doses.

## Contraindications & Precautions

Avoid in hypersensitivity to fish oil. Use cautiously in patients on anticoagulants or bleeding disorders.

## Drug Interactions

May enhance the effect of blood thinners and antiplatelet drugs. Consult your physician before use.

## Storage Instructions

Store below 25°C. Protect from moisture and sunlight. Keep out of reach of children.

**Omega 3 Capsules Price – Torpido Gold Capsule (MRP): 115.00**

---

## Disclaimer:

This information is intended for the use of Registered Medical Practitioners, Hospitals, Medical Stores, Pharma Agencies, Healthcare Professionals, Pharmaceutical Company Field Staff, and Pharmacies Only.

Green Cross Remedies