

PHENTA PLUS TABLET

Paracetamol • Phenylephrine • Chlorpheniramine

Effective Multi-Symptom Relief for Cold, Flu & Fever

GREEN CROSS REMEDIES

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Cold and flu are among the most common seasonal illnesses affecting people of all age groups. Symptoms such as fever, headache, body pain, blocked nose, sneezing, watery eyes, and runny nose often occur together, requiring a medicine that provides comprehensive relief. **Phenta Plus Tablet**, a Paracetamol Phenylephrine Chlorpheniramine Tablet, is specially formulated to address multiple symptoms simultaneously, helping patients recover comfortably while maintaining their daily activities.

Composition

Each tablet contains:

- **Paracetamol IP:** 500 mg
- **Phenylephrine Hydrochloride IP:** 10 mg
- **Chlorpheniramine Maleate IP:** 2 mg

Uses of Phenta Plus Tablet

This Fever and Cold Tablet is commonly prescribed for the symptomatic treatment of:

- Common cold
- Influenza (flu)
- Viral fever with cold symptoms
- Fever and body pain
- Runny nose & Sneezing
- Nasal and Sinus congestion
- Headache associated with cold
- Seasonal allergies accompanied by cold symptoms

It is widely recommended as a Cold Relief Tablet, Cold and Flu Tablet, Cold & Allergy Tablet, and Multi-Symptom Cold Tablet for adults.

Indications

Doctors may recommend Phenta Plus Tablet for patients experiencing:

- Fever with common cold
- Blocked nose / Nasal congestion
- Runny nose & Sneezing
- Allergic rhinitis associated with viral infections
- Sinus discomfort
- Body pain & Mild sore throat
- Headache due to upper respiratory tract infections

Mechanism of Action

The combination of active ingredients works through three complementary mechanisms:

- **Paracetamol** reduces fever and relieves headache, body pain, sore throat, and muscle aches by inhibiting prostaglandin synthesis.
- **Phenylephrine Hydrochloride** acts as a nasal decongestant by constricting swollen blood vessels in the nasal passages, improving airflow and relieving blocked nose.
- **Chlorpheniramine Maleate** is an antihistamine that controls sneezing, watery eyes, runny nose, and other allergy-like cold symptoms.

Together, this combination offers triple action cold relief for patients suffering from multiple cold and flu symptoms.

Dosage and Administration

The dosage should always be taken as directed by a registered medical practitioner. General recommendations include:

- Swallow the tablet whole with water.
- Take preferably after meals.
- Do not exceed the prescribed dose.
- Maintain adequate hydration during treatment.
- Complete the prescribed duration if advised by your physician.

Possible Side Effects

Like all medicines, Phenta Plus Tablet may occasionally cause side effects.

Common side effects include:

- Mild drowsiness or Dizziness
- Dry mouth
- Nausea & Stomach discomfort
- Mild headache

Rare side effects may include:

- Allergic reactions
- Increased blood pressure
- Difficulty in urination
- Palpitations

Seek immediate medical attention if severe allergic reactions or breathing difficulties occur.

Contraindications & Precautions

Avoid this medicine in patients with:

- Known allergy to any ingredient

- Severe liver disease or Uncontrolled hypertension
- Severe coronary artery disease
- Narrow-angle glaucoma or Hyperthyroidism

Use cautiously in:

- Elderly patients & Patients with diabetes
- Liver impairment or Kidney disease
- Prostate enlargement & Asthma

Pregnant and breastfeeding women should use this medicine only under medical supervision.

Drug Interactions

Inform your healthcare provider if you are taking:

- MAO inhibitors or Antidepressants
- Other antihistamines or Sedatives
- Alcohol
- Blood pressure medicines or Warfarin
- Other Paracetamol-containing products
- Anticonvulsants

Storage Instructions

- Store below 25°C.
- Protect from heat, moisture, and direct sunlight.
- Keep out of reach of children.
- Store in the original packaging.

Price Details

Phenta Plus Tablet (MRP): 50.00 per 10 Tablets

Why Choose Phenta Plus Tablet?

Phenta Plus Tablet combines three clinically established ingredients that work together to relieve fever, body pain, blocked nose, sneezing,

and runny nose. The balanced formulation offers comprehensive symptomatic relief, making it a preferred choice for physicians managing common cold and flu symptoms. Manufactured under stringent quality standards, it delivers consistent efficacy and safety for adult patients when used as prescribed.

Expert Advice

- Phenta Plus Tablet should always be taken exactly as prescribed by your healthcare professional.
- Do not exceed the recommended dose; excessive Paracetamol intake may increase the risk of liver damage.
- Swallow the tablet whole with water, preferably after food, to reduce stomach discomfort.
- Avoid driving, operating machinery, or performing tasks requiring alertness until you know how the medicine affects you (due to Chlorpheniramine).
- Avoid consuming alcohol while taking this medicine.

Frequently Asked Questions

Q: What is Phenta Plus Tablet used for?

It is used for relieving fever, headache, body

pain, blocked nose, runny nose, sneezing, and other symptoms associated with the common cold and influenza.

Q: How long does Phenta Plus take to work?

Many patients begin experiencing symptom relief within 30–60 minutes, although individual response may vary.

Q: Can this medicine cause drowsiness?

Yes. Chlorpheniramine may cause drowsiness in some individuals. Avoid driving or operating heavy machinery if you feel sleepy.

Q: Can children take Phenta Plus Tablet?

This medicine should only be used in children if specifically prescribed by a physician.

About the Manufacturer

Phenta Plus Tablet is manufactured by **Green Cross Remedies**, a trusted pharmaceutical company committed to producing high-quality medicines under stringent quality standards for healthcare professionals across India.

Manufactured in a **WHO-GMP certified facility**, it delivers consistent quality, proven efficacy, and dependable therapeutic outcomes, making it a preferred choice for healthcare professionals for the symptomatic management of fever, common cold, influenza, nasal congestion, and other upper respiratory tract symptoms.

DISCLAIMER:

This information is intended for the use of Registered Medical Practitioners, Hospitals, Medical Stores, Pharma Agencies, Healthcare Professionals, Pharmaceutical Company Field Staff, and Pharmacies Only.

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