

TELPART 40 Tablet

Telmisartan 40 mg Tablet

For Effective Blood Pressure Management

TELPART 40 Tablet is a trusted antihypertensive medicine used to treat high blood pressure and reduce the risk of heart attack, stroke, and cardiovascular complications. TELPART 40 Tablet contains **Telmisartan IP 40 mg**, a long-acting Angiotensin II Receptor Blocker (ARB) that provides 24-hour blood pressure control with convenient once-daily dosing.

It is widely prescribed as a **Blood Pressure Tablet**, **Hypertension Medicine**, and **BP Control Tablet** for adults requiring effective blood pressure management. Maintaining controlled blood pressure is essential for protecting the heart, brain, kidneys, and blood vessels. When used under medical supervision along with a healthy lifestyle, TELPART 40 Tablet helps patients achieve long-term cardiovascular health while minimizing the risks associated with uncontrolled hypertension.

Composition

Each Film Coated Tablet contains:

Telmisartan IP40 mg

Uses of TELPART 40

TELPART 40 Tablet is indicated for:

- Treatment of hypertension (high blood pressure)
- Long-term blood pressure management
- Reduction of cardiovascular risk
- Prevention of stroke in high-risk patients
- Heart protection in hypertensive patients
- Kidney protection in selected diabetic patients
- Management of essential hypertension

As a Tablet for Hypertension, it helps reduce excessive pressure inside blood vessels, allowing blood to flow more efficiently.

Indications

Doctors commonly prescribe TELPART 40 Tablet for:

- Essential hypertension
- Long-term hypertension management
- High cardiovascular risk patients
- Hypertension associated with diabetes
- Patients requiring once-daily therapy

Mechanism of Action

Telmisartan belongs to the class of medicines called **Angiotensin II Receptor Blockers (ARBs)**.

It selectively blocks the action of angiotensin II, a hormone responsible for narrowing blood vessels. By preventing this action, Telmisartan:

- Relaxes blood vessels
- Improves blood circulation
- Lowers blood pressure
- Reduces the workload on the heart
- Protects kidneys in suitable diabetic patients

Its long duration of action provides effective blood pressure control throughout the day with a single daily dose.

Dosage and Administration

The dosage should always be decided by a physician. General recommendations include:

- One tablet once daily
- Take at the same time every day
- May be taken with or without food
- Swallow whole with water

Never alter the dose without consulting your healthcare provider.

Side Effects

Like all medicines, Telmisartan may occasionally cause side effects, including:

- Dizziness & Low blood pressure
- Headache & Fatigue
- Increased potassium levels
- Back pain & Mild stomach discomfort

Seek immediate medical attention if severe swelling, breathing difficulty, or persistent dizziness develops.

Contraindications

Use cautiously in patients with:

- Pregnancy
- Severe liver disease or dehydration
- Known allergy to Telmisartan
- Significant kidney impairment
- High potassium levels

Drug Interactions

Inform your doctor if taking: ACE inhibitors,

other antihypertensives, Potassium supplements, NSAIDs, Lithium, or Digoxin.

Storage Instructions

- Store below 30°C. Protect from moisture and direct sunlight.
- Keep in the original blister pack.
- Keep out of reach of children.

Price – TELPART 40 Tablet (MRP):
66.00 for 10 Tablets

Expert Advice

- TELPART 40 Tablet should always be taken exactly as prescribed by your healthcare professional. Do not skip doses or discontinue treatment without consulting your doctor, even if your blood pressure becomes normal.
- Take the tablet at the same time every day to maintain consistent blood pressure control.
- Stay adequately hydrated, particularly during hot weather or illness causing excessive fluid loss.
- Avoid potassium supplements or salt substitutes containing potassium unless specifically recommended by your physician.
- Rise slowly from sitting or lying positions if dizziness occurs.
- Pregnant women should not use Telmisartan, and women planning pregnancy should seek immediate medical advice.
- Maintaining a healthy diet, reducing salt intake, exercising regularly, limiting alcohol consumption, and avoiding smoking significantly enhance the effectiveness of hypertension treatment.

Frequently Asked Questions (FAQs)

What is Telmisartan 40 mg Tablet used for?

It is primarily used for treating high blood pressure and reducing the risk of heart attack, stroke, and cardiovascular complications.

Is Telmisartan good for high blood pressure?

Yes. Telmisartan is one of the most commonly prescribed ARB medicines for long-term blood pressure management.

How does Telmisartan lower blood pressure?

It blocks angiotensin II receptors, relaxing blood vessels and improving blood flow, thereby lowering blood pressure.

Can diabetic patients take Telmisartan?

Many diabetic patients with hypertension are prescribed Telmisartan because it may help protect kidney function. However, it should only be taken under medical supervision.

Can Telmisartan be taken with food?

Yes. It can be taken with or without food at the same time every day.

Who should not take Telmisartan?

Patients who are pregnant, allergic to Telmisartan, or have certain severe kidney or liver disorders should consult their physician before use.

GREEN CROSS REMEDIES

Why choose Green Cross Remedies for TELPART 40 Tablet?

TELPART 40 Tablet is manufactured by Green Cross Remedies, a pharmaceutical company committed to producing quality medicines under stringent manufacturing standards, ensuring consistent efficacy, safety, and reliability for healthcare professionals and patients.

Quality Assurance: Manufactured in a WHO-GMP compliant manufacturing facility, ensuring consistent quality, proven efficacy, excellent safety standards, and dependable therapeutic outcomes.

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