

# GREEN CROSS REMEDIES

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## TELPART AMH Tablet

### Telmisartan Amlodipine and Hydrochlorothiazide Tablets

Complete Blood Pressure Control Solution

Telmisartan amlodipine and hydrochlorothiazide tablets are an advanced triple-combination therapy widely prescribed for effective management of hypertension. This formulation combines three powerful agents to provide comprehensive blood pressure control, making it one of the best choices among modern high blood pressure medicine options.

This triple combination BP tablet works by relaxing blood vessels, reducing fluid overload, and improving overall cardiovascular function. It is commonly recommended for patients whose blood pressure is not adequately controlled with single or dual therapy.

#### Composition

Each film-coated tablet contains:

**Telmisartan:** 40 mg

**Amlodipine:** 5 mg

**Hydrochlorothiazide:** 12.5 mg

*This combination makes it a highly effective telmisartan 40 mg amlodipine 5 mg hydrochlorothiazide 12.5 mg formulation for hypertension management.*

#### KEY BENEFITS

- **Triple-Action Power:** Combines three anti-hypertensive agents for superior blood pressure control.
- **Improved Compliance:** A single tablet regimen is easier to follow than multiple pills.
- **Comprehensive Protection:** Helps protect vital organs like the heart and kidneys from the long-term effects of high blood pressure.

#### USES

Telmisartan amlodipine hydrochlorothiazide tablet uses include:

- Treatment of high blood pressure (hypertension).
- Prevention of cardiovascular complications.
- Reduction of stroke and heart attack risk.
- Long-term BP control in resistant hypertension.
- Patients who require multiple drugs to achieve their target blood pressure goals.

This telmisartan amlodipine HCTZ tablet is widely used as a reliable BP control tablet in clinical practice.

#### INDICATIONS

Telmisartan hydrochlorothiazide and amlodipine tablets are indicated in:

- Moderate to severe hypertension.
- Patients not responding to dual therapy.
- Cardiovascular risk management.
- Chronic hypertension conditions.

This hypertension medicine tablet is often considered among the best medicine for high blood pressure due to its triple-action mechanism.

#### MECHANISM OF ACTION

Each component in TELPART AMH works through a distinct mechanism to lower blood pressure:

- **Telmisartan:** An Angiotensin II Receptor Blocker (ARB) that blocks a substance in the body that causes blood vessels to tighten, allowing them to relax.
- **Amlodipine:** A Calcium Channel Blocker (CCB) that relaxes blood vessels by affecting the

movement of calcium into the cells of the heart and blood vessels.

- **Hydrochlorothiazide:** A Thiazide Diuretic that helps the body remove extra salt and water, reducing the volume of blood the heart must pump.

## DOSAGE & ADMINISTRATION

Telmisartan amlodipine hydrochlorothiazide dosage and uses:

- Usually one tablet daily or as prescribed.
- Can be taken with or without food.
- Preferably taken at the same time each day.

**Best time to take:** Morning is generally recommended to avoid nighttime urination due to diuretic effect.

## SIDE EFFECTS

Telmisartan amlodipine hydrochlorothiazide tablet side effects may include:

- Dizziness and Headache
- Fatigue
- Swelling of ankles
- Increased urination

*These side effects are usually mild and manageable.*

## CONTRAINDICATIONS & PRECAUTIONS

- Hypersensitivity to any component.
- Severe kidney or liver disease.
- Pregnancy (contraindicated).
- Electrolyte imbalance.

**Precautions:** Monitor blood pressure regularly, maintain hydration, and avoid sudden discontinuation.

## DRUG INTERACTIONS

- Avoid with other antihypertensive drugs without supervision.
- May interact with NSAIDs.
- Potassium supplements should be used cautiously.

*Always inform your doctor about ongoing medications.*

## STORAGE INSTRUCTIONS

Store below 25°C. Keep in a dry place. Protect from sunlight. Keep out of reach of children.

**Telmisartan Amlodipine Hydrochlorothiazide Tablet Price**

**TELPART AMH Tablet (MRP): Rs. 93.47 for 10 Tablets**

## EXPERT ADVICE

TELPART AMH Tablet should always be taken exactly as prescribed by a healthcare professional. Avoid skipping doses and do not discontinue therapy prematurely, even if symptoms improve, as this may lead to uncontrolled blood pressure.

To achieve optimal therapeutic outcomes with telmisartan amlodipine and hydrochlorothiazide tablets, patients should strictly follow the prescribed dosage schedule. Do not self-medicate or share medicines with others. Maintain a healthy lifestyle including low-salt diet, regular exercise, and weight management for better results. Monitor blood pressure regularly and stay hydrated.

Avoid alcohol consumption as it may increase the risk of side effects such as dizziness or low blood pressure. Inform your doctor immediately if you experience severe dizziness, swelling, or unusual symptoms. Consistent adherence ensures long-term cardiovascular protection.

## FREQUENTLY ASKED QUESTIONS

**What is telmisartan amlodipine hydrochlorothiazide tablet used for?**

It is used for treating high blood pressure and reducing cardiovascular risks.

**Can telmisartan amlodipine HCTZ be taken daily?**

Yes, it is safe for daily use when prescribed by a doctor.

**How does telmisartan amlodipine HCTZ tablet work?**

It lowers BP by relaxing blood vessels and removing excess fluid.

**Is telmisartan amlodipine hydrochlorothiazide good for high BP?**

Yes, it is highly effective, especially in resistant hypertension.

### **What is the dosage of telmisartan amlodipine hydrochlorothiazide tablet?**

Usually one tablet daily, depending on patient condition.

### **Can it cause dizziness?**

Yes, especially during initial treatment.

### **When should I take this tablet?**

Preferably in the morning for better tolerance.

#### **TELPART AMH Tablet by Green Cross Remedies क्यों चुनें?**

यह उच्च गुणवत्ता मानकों के साथ निर्मित है और प्रभावी ब्लड प्रेशर नियंत्रण प्रदान करता है।

## **PRODUCT DESCRIPTION**

Telmisartan amlodipine and hydrochlorothiazide tablets are effectively formulated in **TELPART AMH Tablet**, manufactured by **Green Cross Remedies**, a trusted pharmaceutical company known for delivering high-quality cardiovascular medicines.

Each film-coated tablet contains Telmisartan 40 mg, Amlodipine 5 mg, and Hydrochlorothiazide 12.5 mg, providing a powerful triple mechanism

for controlling hypertension. This advanced combination works by relaxing blood vessels, improving circulation, and eliminating excess fluid, ensuring comprehensive BP control.

TELPART AMH Tablet is widely prescribed due to its proven efficacy, safety profile, and convenient once-daily dosage. It is suitable for managing moderate to severe hypertension and reducing the risk of cardiovascular complications. Patients should follow prescribed dosage, precautions, and storage instructions to achieve optimal therapeutic outcomes.

Telmisartan amlodipine and hydrochlorothiazide tablets provide effective triple-action therapy for hypertension. TELPART AMH Tablet ensures reliable BP control and cardiovascular protection.

TELPART AMH Tablet by **GREEN CROSS REMEDIES** is a reliable antihypertensive formulation from a trusted leading telmisartan amlodipine and hydrochlorothiazide tablets manufacturer in India. Manufactured in a WHO-GMP certified facility, it ensures consistent quality, proven efficacy, and dependable therapeutic outcomes, making it a preferred choice for healthcare professionals in managing hypertension.

### **DISCLAIMER**

**This information is intended for the use of Registered Medical Practitioners, Hospitals, Medical Stores, Pharma Agencies, Healthcare Professionals, Pharmaceutical Company Field Staff, and Pharmacies Only.**

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